## **Transition**Programmes

My Next School Adventure targets students who have just finished Year 6 and will be starting Year 7 next September. The sessions will provide an opportunity for students to explore their personal skills, look at effective ways to express their views in class, discover their learning styles, work with fellow students effectively, learn to be active students, deal with conflict, get support from school and how to manage time both at school and home. We will be visiting these themes through fun and interactive activities and at the end of the programme students will be given a certificate of participation.

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The Secondary School Survival Kit targets students who have just finished Year 8 and will be starting Year 9 next September. The sessions will tackle the following themes: Thinking about the future, Goal setting, Time Management, Strengths and Weaknesses, Friendship, Wellbeing Online and Offline. We will be visiting these themes through a playlist of songs while discussing and doing activities together. Students will be given a certificate of participation and a survival kit at the end of the course.

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#### Venues

**Santa Venera** Triq il-Kbira San Ġużepp

**Għajnsielem** Learning Hub, Triq l-Imġarr

**Imsida** Triq Il-Wied Ta' L-Imsida

**Birgu** Fortini, Triq Il-Kwartier

St Joseph High Road, St Venera SVR 1013, Malta
Tel: 00356 2258 6700 | Email: agenzija.zghazagh@gov.mt

### SUMMER

with Aġenzija Żgħażagħ's Life Skills & Transition Programmes

#### Programme Catalogue





#### **Life Skils** Programmes

**Act On** uses drama to engage young people in finding joy in self-expression and self-image, gain confidence, reduce stress, and acquire team-building skills.

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**Stage On** allows young people to develop sketches related to the realities and issues they face. Through drama exercises, they will have the opportunity to find their voice and express their views.

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**Lights On** focuses on the art of Shadow Theatre, through which young people craft puppets and storylines on current affairs.

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**VRLifeCraft** will engage young people in exciting VR games and activities through which they will engage in problemsolving, communication, empathy and critical thinking skills.

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**Sound On** is a hands-on radio programme designed for young people who want to explore and venture into radio broadcasting.

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**Sound On Plus+** is a programme that builds upon the skills acquired in Sound On. It delves deeper into audio production, specifically focusing on podcast creation.

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**ZenZone** helps young people learn how to break free from negative thought patterns. It provides practical tools to help them manage anxiety and foster a more positive mindset.

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**Find the Superhero in You** encourages young people to discover their powerful values and beliefs and unleash their inner superheros.

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**Take Action through Photos** aims to engage young people in advocating for matters they consider important through visual media.

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**Hashtags to Headlines** is designed for young people to develop various skills and techniques to create engaging and impactful online content.

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**Moneywise** offers basic knowledge, skill and attitudes on money matters and acts as a foundation for young people to build better money habits.

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**Award in Youth Leadership** aims to develop leadership skills in young people. This course provides young people with a level 3 award certification.

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