

HOME ECONOMICS

**as an Option Subject
in year 9, 10 and 11**

This presentation is about:

- ◆ What is Home Economics
- ◆ Benefits from choosing Home Economics
- ◆ Home Economics mode of assessment
- ◆ Who can choose Home Economics
- ◆ Choosing Home Economics with other option subjects
- ◆ Post-secondary route with Home Economics
- ◆ Future careers related to Home Economics

WHAT IS HOME ECONOMICS



Some Home Economics Topics

- ❖ Food and nutrition
- ❖ Health and well-being
- ❖ Nutrients
- ❖ Food labelling
- ❖ First-aid
- ❖ Safety and hygiene
- ❖ The Family
- ❖ Child care and development
- ❖ Individuals in the community
- ❖ Financial education
- ❖ Kitchen planning
- ❖ Housing
- ❖ Consumer awareness and shopping practices
- ❖ Sustainable living

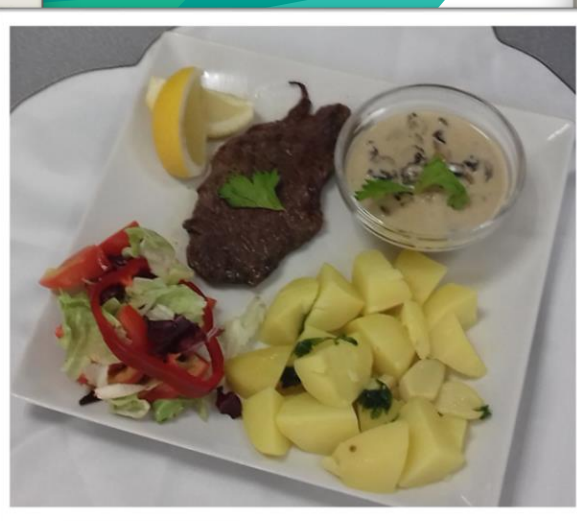


Practical Component

- ❖ Meal planning for different dietary needs
- ❖ Pastry and dough making
- ❖ Cake Making
- ❖ Practical and hands-on skills



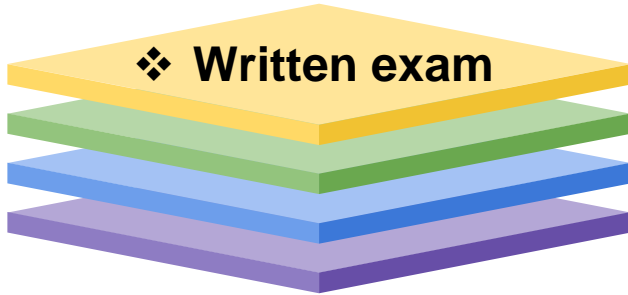




BENEFITS FROM CHOOSING HOME ECONOMICS

- ❖ Broadens your knowledge and develops your skills in different areas so that you can have a good quality of life.
- ❖ Enhances your skills in food preparation.
- ❖ Develops your interest in food, nutrition and healthier living.
- ❖ Promotes the wellbeing of individuals and their families.
- ❖ Sharpens your problem-solving, critical thinking and decision-making skills.

HOME ECONOMICS MODE OF ASSESSMENT



WHO CAN CHOOSE HOME ECONOMICS

Since **Home Economics** is not only an **academic subject**, but also a **practical subject**, **everyone can choose Home Economics**

Home
Economics
SEC students

Ordinary
Level
(MQF Level 3
or less)

Home
Economics
CCP students

CHOOSING HOME ECONOMICS WITH OTHER OPTION SUBJECTS

Home Economics is a very **broad** subject, making it **complimentary** to a number of other subjects.

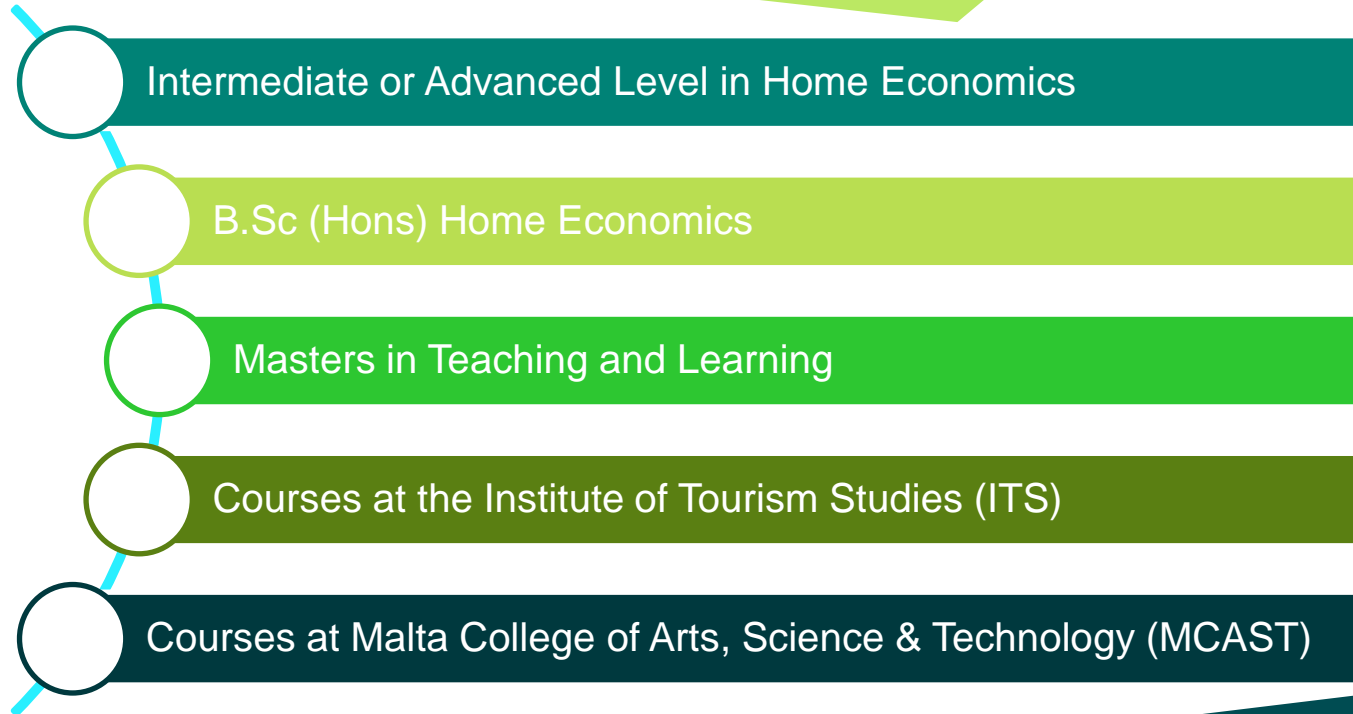
Thus, you can

choose Home Economics

with any other subject you may wish.

However, due to its science and creative base, Home Economics combines well with science and vocational/applied subjects.

POST-SECONDARY ROUTE WITH HOME ECONOMICS



FUTURE CAREERS RELATED TO HOME ECONOMICS

Education: teacher or lecturer of Home Economics

Food Industry: food analyst, food product developer
or food quality assurance technician

Hospitality Industry: managerial roles, chef or catering staff,
waiting staff or hotel staff

Community Services: beauty specialist, beauty therapist, hairdresser,
child carer, elderly carer, care worker, care assistant, support care
worker or social support worker

For more information:

Telephone: 25985565 (Home Economics Seminar Centre)

Email: home_economics@ilearn.edu.mt

Website: <https://www.hesc.org.mt/>

Facebook: Home Economics Seminar Centre

Info video : <https://www.hesc.org.mt/home-economic-option-subject/>



Thank you for your attention
and
Good luck in your choice of subjects! 😊